

Event 101

1 OCT 2026 - 19:02

Women's 400m Freestyle

Results Summary

Event Number 1

	Record	Splits	Name	NAT Code	Location	Date
WR	3:50.25	55.14 1:53.53 2:51.94	McINTOSH Summer	CAN	Budapest (HUN)	10 DEC 2024
WC	3:51.87	55.75 1:54.10 2:53.22	PALLISTER Lani	AUS	Toronto (CAN)	23 OCT 2025

Rank	Heat	Lane	Name	NAT Code	Date of Birth	R.T.	Time	AQUA Points
1	2	4	COLBERT Freya	GBR	8 MAR 2004	0.67	3:59.91	884
			25m 12.81 50m 27.15 75m 41.94 100m 56.77 125m 1:11.77 150m 1:26.89 175m 1:42.17 200m 1:57.38					
			14.34 14.79 14.83 15.00 15.12 15.28 15.21					
225m		250m	2:12.66 2:27.93 275m 2:43.35 300m 2:58.74 325m 3:14.27 350m 3:29.67 375m 3:45.18					
			15.28 15.27 15.42 15.39 15.53 15.40 15.51 14.73					
2	2	3	PEPLOWSKI Anna	CLB	25 SEP 2002	0.75	4:00.47	877
			25m 12.99 50m 27.59 75m 42.49 100m 57.53 125m 1:12.94 150m 1:28.46 175m 1:43.91 200m 1:59.55					
			14.60 14.90 15.04 15.41 15.52 15.45 15.64					
225m		250m	2:14.88 2:30.25 275m 2:45.43 300m 3:00.70 325m 3:15.73 350m 3:30.84 375m 3:45.97					
			15.33 15.37 15.18 15.27 15.03 15.11 15.13 14.50					
3	2	2	YAN Tiaoshan	CHN	8 MAR 2010	0.68	4:00.70	875
			25m 12.72 50m 27.72 75m 42.67 100m 57.68 125m 1:12.91 150m 1:28.34 175m 1:43.86 200m 1:59.42					
			15.00 14.95 15.01 15.23 15.43 15.52 15.56					
225m		250m	2:14.75 2:30.10 275m 2:45.28 300m 3:00.68 325m 3:15.86 350m 3:31.26 375m 3:46.25					
			15.33 15.35 15.18 15.40 15.18 15.40 14.99 14.45					
4	2	5	DEANS Caitlin	NZL	5 DEC 1999	0.75	4:01.30	868
			25m 13.45 50m 28.11 75m 42.89 100m 57.99 125m 1:13.13 150m 1:28.49 175m 1:43.79 200m 1:59.27					
			14.66 14.78 15.10 15.14 15.36 15.30 15.48					
225m		250m	2:14.73 2:30.17 275m 2:45.67 300m 3:01.19 325m 3:16.33 350m 3:31.70 375m 3:46.84					
			15.46 15.44 15.50 15.52 15.14 15.37 15.14 14.46					
5	2	8	GAN Ching Hwee	SGP	22 JUL 2003	0.61	4:01.94	861
			25m 13.28 50m 28.02 75m 43.03 100m 58.06 125m 1:13.44 150m 1:28.68 175m 1:44.26 200m 1:59.59					
			14.74 15.01 15.03 15.38 15.24 15.58 15.33					
225m		250m	2:15.23 2:30.60 275m 2:46.16 300m 3:01.50 325m 3:17.01 350m 3:32.36 375m 3:47.72					
			15.64 15.37 15.56 15.34 15.51 15.35 15.36 14.22					
6	2	7	KOBORI Waka	JPN	10 AUG 2000	0.71	4:02.09	860
			25m 13.45 50m 28.38 75m 43.46 100m 58.64 125m 1:14.11 150m 1:29.42 175m 1:44.83 200m 2:00.28					
			14.93 15.08 15.18 15.47 15.31 15.41 15.45					
225m		250m	2:15.58 2:30.99 275m 2:46.45 300m 3:01.89 325m 3:17.20 350m 3:32.52 375m 3:47.76					
			15.30 15.41 15.46 15.44 15.31 15.32 15.24 14.33					
7	2	0	COETZEE Dune	RSA	14 MAY 2002	0.70	4:04.97	830
			25m 13.35 50m 28.30 75m 43.38 100m 58.80 125m 1:14.11 150m 1:29.83 175m 1:45.33 200m 2:00.90					
			14.95 15.08 15.42 15.31 15.72 15.50 15.57					
225m		250m	2:16.49 2:32.38 275m 2:47.80 300m 3:03.25 325m 3:18.65 350m 3:34.17 375m 3:49.70					
			15.59 15.89 15.42 15.45 15.40 15.52 15.53 15.27					
8	2	6	FAN Yaqi	CHN	12 FEB 2011	0.65	4:06.57	814
			25m 13.00 50m 27.93 75m 42.92 100m 58.02 125m 1:13.22 150m 1:28.61 175m 1:44.06 200m 1:59.50					
			14.93 14.99 15.10 15.20 15.39 15.45 15.44					
225m		250m	2:15.17 2:30.82 275m 2:46.66 300m 3:02.77 325m 3:18.89 350m 3:35.08 375m 3:51.03					
			15.67 15.65 15.84 16.11 16.12 16.19 15.95 15.54					
9	2	1	KALANDADZE Anna Sofia	GEO	21 JUL 2001	0.68	4:07.05	809
			25m 13.56 50m 28.52 75m 43.75 100m 59.15 125m 1:14.62 150m 1:30.25 175m 1:45.87 200m 2:01.47					
			14.96 15.23 15.40 15.47 15.63 15.62 15.60					
225m		250m	2:16.94 2:32.68 275m 2:48.35 300m 3:04.25 325m 3:20.02 350m 3:36.04 375m 3:51.72					
			15.47 15.74 15.67 15.90 15.77 16.02 15.68 15.33					
10	1	5	HUGO Shannon	RSA	29 JAN 2010	0.81	4:25.95	648
			25m 14.02 50m 29.19 75m 44.98 100m 1:01.04 125m 1:17.70 150m 1:34.56 175m 1:51.94 200m 2:09.18					
			15.17 15.79 16.06 16.66 16.86 17.38 17.24					
225m		250m	2:26.60 2:43.82 275m 3:01.09 300m 3:18.55 325m 3:35.89 350m 3:52.66 375m 4:09.76					
			17.42 17.22 17.27 17.46 17.34 16.77 17.10 16.19					
11	1	4	GNUSINA Anastasiya	AZE	20 JAN 2012	0.78	4:26.42	645
			25m 14.56 50m 30.32 75m 46.63 100m 1:03.02 125m 1:19.80 150m 1:36.68 175m 1:53.72 200m 2:10.67					
			15.76 16.31 16.39 16.78 16.88 17.04 16.95					
225m		250m	2:27.77 2:44.67 275m 3:01.91 300m 3:19.00 325m 3:36.10 350m 3:53.13 375m 4:10.34					
			17.10 16.90 17.24 17.09 17.10 17.03 17.21 16.08					

Official Timekeeping by Omega

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Results Summary

Event Number 1

Rank	Heat	Lane	Name	NAT Code	Date of Birth	R.T.	Time	AQUA Points
12	1	3	MIRENSKAYA Valeriya	TKM	24 JAN 2007	0.72	5:03.27	437
	25m 14.89	50m 32.30	75m 50.13	100m 1:08.36	125m 1:27.31	150m 1:46.59	175m 2:06.08	200m 2:25.36
		17.41	17.83	18.23	18.95	19.28	19.49	19.28
	225m 2:45.06	250m 3:04.80	275m 3:24.66	300m 3:44.76	325m 4:04.53	350m 4:24.42	375m 4:44.07	
	19.70	19.74	19.86	20.10	19.77	19.89	19.65	19.20

Legend:

R.T. Reaction Time **WC** World Cup Record **WR** World Record

Official Timekeeping by Omega